



OVERBOOKED

IS IT JUST MY FAMILY THAT CAN'T KEEP UP?

PARENTS EQUIPPING WORKSHOP

MARCH 18, 2026

6-8 PM (DINNER INCLUDED)

What if feeling overwhelmed is a sign you need to slow down rather than find more efficient ways to keep up? Let's start the conversation by hearing from families also living in our overscheduled culture. Uncover shared questions about what normal has to be? Time with a panel and table discussion brainstorming alternative pathways to support healthy development, relationships, and faith formation.

Held at:

Souderton Mennonite Church
105 W. Chestnut St.
Souderton PA 18964

Questions:

Brooke Martin, Leadership Minister
BMartin@mosaicmennonites.org

SCHEDULE

6:00-6:45 pm **Dinner**

7:00-8:00 pm **Adult Equipping Workshop**

- Childcare for infants - Kindergarten age
- Grades 1-5: Children's Activities
- Youth Event for Jr. & Sr. High

Registration Required by March 1, 2026

<https://mosaicmennonites.org/youthevent/>