N.O.T.I.C.E. Handout

The acronym N.O.T.I.C.E. has key behaviors to look for when boundaries are violated. These behaviors never reflect the reverence and respect of being made in God's divine image. Below is a brief explanation/ example of each behavior. On the back of the handout answer the questions and list additional examples and situations.

N - Nontransparent (Secrets, secluded meetings and conversations)

- *What do you do if someone is asking you to keep your interactions or relationship a secret?*
- *What if they say no one will understand?*
- *What would your parents or trusted adult say about a secret interaction/relationship?*

O - Over involvement (Involvement in a youth's life not consistent with role or relationship)

- *What do you do when someone in authority treats you like a friend in a way that makes you uncomfortable?*
- *Someone in their twenties shows romantic interest in you. It is evident that they have more power, status and resources than you. What do you do?*
- *What is meant by someone being overly involved in a youth's life?*

T - Telltale behaviors (excess physical, emotional interactions and resource (gifts, trips, etc.)

- *What is the difference between a compliment and flattery?*
- *How do you know when physical contact is excessive?*
- *How do you know if something is freely given or if there are expectations attached?*

I - Inappropriate behaviors (Interactions are not consistent with the relationship/role)

- *What type of personal attention makes you uncomfortable?*
- *What do you think of an adult who dresses and acts like a teen?*
- *Can an authority or adult ever be your peer? If yes, why? If no, why?*

C - Chips away at safe guards (Challenges or pressures a youth to break rules)

- *Why do your parents or trusted adults have rules in place?*
- *Is someone thinking about his/her needs or yours if they pressure you to break the rules?*
- *Why would someone want you to believe that he/she is the ONLY one who understands you?*

E - Engages youth in inappropriate adult behaviors/conversations (Face to face or electronically)

- *What do you say to someone who wants you to look at a pornographic website?*
- *What if you continue to get midnight texts from an adult leader/ teacher? Should you tell someone? If so why? If not, why?*
- *What if a young adult invites you to a party? You get there and they offer you a beer. What do you do?*